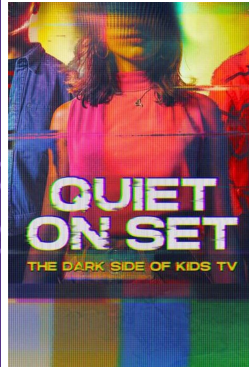




A Difficult Watch, an Important Conversation



Over the weekend, I watched *Quiet on Set* with my 13-year-old son. He had been eager to see it since its release, and although I was hesitant, we finally made time to watch it together as a family.

This powerful docuseries explores the experiences of child actors on Nickelodeon in the 1990s and early 2000s, revealing the deeply troubling ways many of them were treated. Some bravely shared explicit accounts of sexual abuse and assault they endured or witnessed as children, as well as the disturbing normalization of sexualization on the sets of these shows.

Throughout the series, I paused several times to talk with my son about what we were seeing. One moment that stood out involved a trusted adult on set who began emailing a young girl daily, eventually sending her nude photos of himself. That moment captured so many of my concerns about how easily children can be exploited—especially online. The internet and social media give strangers unprecedented access to our children, and not everyone has their best interests at heart. It's critical that we stay vigilant, know who our kids are talking to, and why.

Research shows that most child sexual abuse is committed by someone the child knows. Abusers often work to build trust with both the child and their family in order to gain unsupervised access. This is why open, honest communication with our children is essential, as is staying involved in their digital lives. Finding the balance between giving our kids independence and protecting them isn't easy—but the cost of getting it wrong is far too great.

April is both Child Abuse Prevention Month and Sexual Assault Awareness Month. We never want to believe it could happen to our child—but the truth is, it can. While we can't control every adult our children may encounter, we *can* foster strong relationships with our kids, teach them about bodily autonomy from a young age, and stay informed about the people in their lives.

To learn more about how to talk with your child about abuse, visit: <https://uscenterforsafesport.org/talking-with-kids-about-abuse>

In Peace,

Jennifer Gabrenya

Important April Awareness Months

April is Child Abuse Awareness Month and Sexual Assault Awareness Month. This month, Anew is raising awareness and promoting our Safe from the Start program for children ages 0-5 years old, as well as other counseling services using bus shelter ads and posters throughout the community.



FREE COUNSELING AND SUPPORT TO CHILDREN EXPOSED TO VIOLENCE FROM BIRTH TO AGE 5 AND THEIR FAMILIES
708.798.7737
anewdv.org

Our bus shelter ads can be seen in Homewood, Steger, Crete, Posen, Oak Forest, and other south suburban communities of Cook County throughout the month.

Adult Counseling Services
Anew: Building Beyond Violence and Abuse provides the opportunity for victims/survivors to talk about their experiences and build confidence and hope for the future.
Counseling helps to empower survivors to make their own decisions in a safe environment and provide the process and heal from the trauma.
Services are provided by licensed counselors and therapists.
For more information or to schedule an appointment, call: **708.798.7737**
All victim services at Anew are free-of-charge.

Children Counseling Services
Anew: Building Beyond Violence and Abuse provides advocacy and support to children who have experienced violence using age-appropriate techniques and strategies to address patterns of domestic violence.
Signs and symptoms may include:
- Children's behavior problems
- Poor school performance
- Irritability, nervousness
- Sleep problems, clinginess
- Difficulty to regulate their emotions and anxiety for them to heal from the trauma they have experienced.
For more information or to schedule an appointment, call: **708.798.7737**
Anew are free-of-charge.

Safe From the Start
Anew: Building Beyond Violence and Abuse provides advocacy, support and violence education to children exposed to violence from birth to age 5 and their families. We help children regulate their emotions and process the trauma they have experienced.
When babies, toddlers, and preschool children experience or witness violence, such exposure can have lasting effects on development.
Exposure to violence is defined as being a victim of abuse, neglect, maltreatment, or a witness of domestic, physical, sexual violence or other violent crimes.
For more information or to schedule an appointment, call: **708.798.7737**
All victim services at Anew are free-of-charge.

You can also find posters for counseling at various libraries, daycares, schools, and medical centers. Help us spread awareness and information about receiving help.

Thank you, DOT Foods!

On behalf of Anew's clients, we send a huge thank you to the DOT Foods team in University Park, IL, for their donations of much needed items for our pantries!



Dancing Away Domestic Violence 2025



5th Annual

Dancing Away Domestic Violence

Line Dancing, Cardio Drumming and Zumba

for the whole family!

When?

Saturday, June 21,
3pm-6pm

Where?

Our Lady of the Heights
Gymnasium, St. Kieran Parish
724 195th Street
Chicago Heights, IL 60411
Parking - East Lot

Prices:

Adult Tickets: \$20

Kids 12 and Under: \$10

Kids 5 and Under: FREE

DADV T-Shirt: \$10

Door prizes, swag bags, drinks, snacks, and resources will be available to all participants.

Additional raffle tickets will be available to purchase in person during the event.



Scan QR Code or
visit bit.ly/4iZMFnR



Mr. Craves Food Truck on site -
Cash or Card Accepted.

All proceeds benefit Anew and their mission
to end domestic violence in our shared communities.

Join us for the **5th Annual Dancing Away Domestic Violence** fundraiser on **Saturday, June 21, 2025**, from 3:00 p.m. to 6:00 p.m. at **Our Lady of the Heights Gymnasium in Chicago Heights, IL.**

This high-energy, community-driven event raises awareness for domestic violence prevention through movement and music. Enjoy **line dancing, cardio drumming, Zumba, and the return of country line dancing**—all while supporting Anew: Building Beyond Violence and Abuse in its mission to help survivors and strengthen our community.

Whether you are an experienced dancer or looking for a fun way to get your body moving, while supporting a great organization, this event is for you! Come dance, connect, and be part of a movement that uplifts and empowers.

Let's dance for a cause and make a difference together!

For questions, comments, or concerns, contact **Anew's Development Department** at (708) 794-2140 or events@anewdv.org.

[Purchase Tickets Now!](#)

Job Postings at Anew

Compensation and Benefits are listed clearly at the bottom of each job description. Take the guess out of applying-- Our salaries, wages, and benefits are transparent and up front! Please share with you network.

Positions Updated 4/8/2025

★ **Bilingual Crisis Intervention Advocate**

★ **Bilingual Partner Abuse Intervention Group Co-Facilitator - Part Time**

Anew offers full time benefits including 14 paid holidays; 20 days of Paid Time Off (PTO) annually; medical, dental, vision and life insurance; short-term and long-term disability; and the ability to contribute to our 403(b) plan with 3% company matching. This position is also eligible for Aflac benefits.

If you are interested in applying for any of these positions, please email your cover letter and resume to careers@anewdv.org.

Interested in donating or becoming a monthly donor?
Click the button below to experience our new donation page!

[Donate Now](#)



Wait! Don't unsubscribe yet!

Anew values timely and consistent communication with supporters. We ask that you carefully consider before unsubscribing to Anew emails. Unsubscribing from a certain campaign might result in you not receiving important information and notifications that are sent using that same group in the future. If you have questions or wish to unsubscribe from a particular type of email campaign, please contact [Rachel](#).