

You are receiving this email because you have previously supported South Suburban Family Shelter and our work to end domestic violence. If you would like to unsubscribe you may do so at the bottom. We hope you stay and stand with us to see a world free from violence.



From the Desk of your Friendly Neighborhood Executive Director



GRATITUDE

As I sit down to consider this newsletter, only one word comes to mind: GRATITUDE. This past Friday night we were able to resume our annual Gala, in person. More than 200 people gathered to celebrate the mission of Anew and the tremendous effect our work has on those impacted by abuse. Friends and family came out to support this cause. Our board members finally got to be in a room together! Several Anew staff attended and danced and laughed together. It was a night of fun, purpose, and connection.

There are so many people I was able to talk with and get to know and even more I still need to connect with. Time flies when you're having fun and that was certainly the truth at the Sneaker Ball. Before I knew it, the event was over. Attendees were collecting their winnings and we were hugging our friends good-bye. There were smiles all around and a generally upbeat feeling.

I could not have asked for a better return to this event. I feel inspired by your support, uplifted by your joy and invigorated to continue this work. Thank you again for believing in our mission and doing all that you can to support those impacted by abuse. I know that together, we can create a world where everyone knows peace and safety in their homes.

In Peace,

Jennifer

**Community Survey:
Responses Needed**



We are developing a strategic plan to help guide priorities over the next 2-3 years. We are seeking your feedback to help us in this process. Thank you for taking a few minutes to provide your input. Click the image above or [HERE](#) to get the survey started.

Domestic Violence Awareness Month

DOMESTIC VIOLENCE

MYTH vs. FACT

Domestic violence only happens to women.

1 in 3 women and 1 in 4 men have been victims of [some form of] physical violence by an intimate partner within their lifetime. 30-50% of transgender people will experience domestic violence in their lifetime.

Drugs, alcohol, stress, and mental illness are the causes of DV.

While drugs, alcohol, stress, and mental illness can be factors in an abuser's life and can certainly make an abusive situation more complicated, these things do not cause domestic violence.

Abusers are just out of control and need anger management.

Abusers use many deliberate tactics to maintain power and control in a relationship. Sometimes these tactics can include physical violence and aggression, but there are many other ways that control is established.

Domestic violence is always physical abuse.

While physical abuse can be one way of maintaining power and control, it does not occur in every abusive relationship and is usually not the only form of abuse if it is occurring. Emotional abuse, financial abuse, sexual abuse, isolation, threats, and intimidation are all forms of domestic violence.

If a victim doesn't leave, it must not be that bad or they are ok with how they are being treated.

Leaving an abusive relationship is extremely difficult. On average, a victim will try to leave an abusive relationship at least 8 times before leaving successfully. Some of the things abusers do to make leaving hard can include: creating financial dependence, using children as a coercion tool, making threats of violence or legal retaliation, or using the court system to keep control of a victim even after they leave.



YWCA Spokane's #EndTheSilence campaign goal is to stop victim blaming and entreat the community to stand alongside victims and survivors of domestic violence as safe allies and remind them that they are not alone. [Learn how you can End The Silence at ywcaspokane.org.](https://www.ywcaspokane.org)
Call YWCA Spokane's 24 Domestic Violence Helpline at 509-326-CALL(2255)

eliminating racism
empowering women
ywca
SPOKANE

Thank you for supporting the 2022 Sneaker Ball!

This past Friday, Anew hosted our Keeping Dreams Alive Sneaker Ball! We have been seeing your posts and tags with delight as you celebrated with us and shared on social

media.

Everyone was gorgeous and your sneakers were stunning. The room was filled with great energy, and the support of over 200 individuals.

Thanks to your support, we raised \$45,000 to support our mission to provide services to families in which domestic violence exists, and continue to work towards a world free of abuse.

Enjoy the pictures below, courtesy of Tenisha Davis of **Picture Perfect Photography**, who donated her services to catch all the fun of the night!







(Above) Line Dancing provided by Dawn Avery of Dawn's Dancing Deevas got everyone on their feet!





(Above) From Left to Right - Michelle Kosmin, Sandy Spann, and Paul Kessler
The Kessler Kosmin Family presented the Diane Kessler Community Champion Award
to Sandy Spann on behalf of Calvary United Protestant Church.





Click [HERE](#) to view the entire photo gallery!

Spread the word, we're hiring!



Positions for Hire

Full-Time

- Bilingual Children's Counselor
- Community Outreach Specialist
- Court Advocate
- Government Grants Manager ***NEW***
- Partner Abuse Intervention Program (PAIP) Assistant
- Safe From the Start (SFS) Project Coordinator

To learn more about what each job entails, visit
<https://anewdv.org/job-opportunities/>



There are several positions available to start your Anew Career. Find information on them all [HERE](#), and apply today!

Full time positions are 35-40 hours/week, and are eligible for medical, dental, vision, short-term disability, long-term disability, flexible spending account and our 403(b) Plan. In addition, this position is eligible to participate in our Aflac plans and receive paid time off (PTO) and 14 holidays per year.

If you are interested in applying for any of these positions, please email your resume to careers@anewdv.org.

**Supporting Anew: Building Beyond Violence and Abuse is easy,
just click below!**

**For a limited time only, all donations made by new donors,
will be matched by the Greer Foundation!**

Donate Now



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Sent by jennifer.g@anewdv.org in collaboration with



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